

BABYLON BREAST CANCER COALITION

### BREAST HEALTH RESOURCE NUMBERS

#### Community & Grassroots Organizations:

- Babylon Breast Cancer Coalition.....(631) 893-4110
- Brentwood/Bay Shore Breast Cancer Coalition .....(631) 273-4074
- Glen Cove C.A.R.E.S.....(516) 759-0887
- Great Neck Breast Cancer Coalition.....(516) 825-1139
- Huntington Breast Cancer Action Coalition.....(631) 547-1518
- Islip Breast Cancer Coalition.....(631) 968-7424
- Long Beach Breast Cancer Coalition.....(516) 897-1344
- Manhasset Women's Coalition
- Against Breast Cancer .....(516) 365-4054
- Mid-Nassau Lend A Helping Hand.....(631) 789-2068
- North Fork Breast Cancer Coalition .....(631) 574-4269
- North Shore Neighbors Breast Cancer Coalition.....(631) 255-2401
- South Fork Breast Health Coalition.....(631) 726-8606
- West Islip Breast Cancer Coalition.....(631) 666-2026
- Young Survivors Network.....(516) 353-4561

#### Hotlines & Information Services

- Adelphi NY State Breast Cancer & Support Program.....(800) 877-8077
- American Cancer Society.....(800) ACS-2345
- Cancer Information Service.....(800) 4-CANCER
- Share (Ovarian Cancer Help).....(212) 719-0364
- Share en Español.....(212) 719-4454

#### Low-Cost/No-Cost Mammography

- Cancer Services Program of Eastern Suffolk.....(631) 548-6320
- Cancer Services Program of Western Suffolk.....(631) 376-3434
- Nassau Health Care Corporation – Breast Health Partnership.....(516) 572-3330

### Be well informed!

Taking charge of your breast health is the best defense.

Babylon Breast Cancer Coalition  
 100 Montauk Highway, Copiague, NY 11726  
 Phone: 631.893.4110 FAX: 631.539.8862  
[www.babylonbreastcancer.org](http://www.babylonbreastcancer.org)

REV 9/10



BABYLON BREAST CANCER COALITION

# Where does your contribution go?

## Take a look inside and see.

BABYLON BREAST CANCER COALITION BABYLON BREAST CANCER COALITION

# Our Mission



The Babylon Breast Cancer Coalition (BBCC) is a nonprofit volunteer organization dedicated to various breast and gynecological cancer concerns. Founded in 1993, the BBCC continues to be a grass-roots organization, providing an array of patient support services, education and advocacy programs. The BBCC focuses on five essential goals:

### Prevention

Support of the Precautionary Principle and Prevention is the Cure; encouragement and education about a healthy lifestyle.

### Research

To promote legislation to increase funding for environmental research and provide funding for specific breast cancer projects.

### Education

Providing up-to-date information through our quarterly newsletter and information packets. We offer adult and student environmental awareness programs designed to help participants reduce their exposure to toxic chemicals.



### Services

To offer breast and gynecological cancer patients a wealth of services paid for and facilitated by the Babylon Breast Cancer Coalition; such as the LAHH, SOS and the Pink Ribbon Programs.

### Support

To provide support and referral services to breast and gynecological cancer patients and their families.



-  Programs offered to breast cancer patients
-  Programs offered to gynecological cancer patients

## Lend a Helping Hand (LAHH)

Since its inception in 1996, this unique patient service program provides much needed stress relief for breast cancer patients and their families confronting diagnosis and ensuing treatments, such as chemotherapy and radiation. In Spring 2007, the BBCC expanded the LAHH program to include Babylon Township women undergoing treatment for all types of reproductive cancers.

- Services offered: house cleaning, transportation to/from medical appointments, financial assistance, child care, massage therapy, meal preparation and more.
- Volunteers set up services and appointments and maintain regular contact to provide support and referrals.
- To date, LAHH has provided over \$382,000 in services to more than 385 patients.

The BBCC works to encourage expansion and adoption of the program throughout the country and is working with other organizations to formulate a nationwide LAHH program.

## Scholarships

The BBCC offers scholarships to Babylon Township high school seniors who have had a parent or legal guardian with a personal breast cancer history. Since 2004, \$51,000 worth of scholarship money has been awarded to eligible students wishing to further their education.

## Gift of Health & Inspiration

Designed to be a supportive companion to the newly diagnosed cancer patient. This program distributes a free tote bag filled with various items to assist patients heal emotionally and physically. Items include:

- Books containing important referral and breast-cancer related information, note cards, a journal and pen
- Free coupons for facials or reflexology sessions
- Personal beauty, hygiene and comfort items for post-surgical patients
- To date, more than 3,000 bags have been provided, at a cost of \$129,930.00

## SOS

In 2004, the BBCC introduced SOS, a program to help those who have lost a loved one to breast or gynecological cancer. SOS offers services such as funeral expenses, child care, food preparation and housecleaning. To date, over \$40,083.00 has been provided to surviving family members.

## Be Smart About Your Health

Created in 2007, *Be Smart About Your Health* is a program of various in-school workshops designed for students in kindergarten through 6 emphasizing the possible link between the environment and personal health. The workshops, through a combination of visual aids, games and experiments empower students to be more conscious about healthier practices and products. Presentations are available for large and small groups.

## Patient Support

BBCC provides an advocate to accompany a patient to the breast surgeon, oncologist or mammography appointment, providing a second set of ears, support and insightful questions.

## Funding Breast Cancer Research

The BBCC has donated to various breast cancer projects. Donations have been distributed to:

- Columbia School of Medicine – Long Island Breast Cancer Study Project
- Mt. Sinai School of Medicine – various breast cancer-related projects
- Silent Spring Institute – environmental research involving water sampling and contaminates.
- Cold Spring Harbor Laboratory – Dr. Michael Wigler's genetic research
- Tufts University – the breast cancer research of Dr. Ana Soto
- To date, research donations have totaled over \$125,449

## Fundraising

The BBCC raises money through contributions and the sponsoring of a variety of charity events such as the popular "Chefs for a Cause," a food-tasting extravaganza and the annual fall golf outing. Other events have also benefited the BBCC, including the TangerOutlets at the Arches 5K Run/Walk and the LI 2-Day Walk. The help and generosity of local restaurants, community merchants, elected officials and the wonderful residents from the Town of Babylon and beyond have also ensured that the BBCC continues its important work.

## Quarterly Newsletter

The BBCC has published an informative newsletter since 1994, with current distribution to more than 3,000 homes within the community and beyond, spending \$114,210 since its first issue.

## Pink Ribbon Physical Training Program

This exercise program is designed to help women regain flexibility, stamina and strength following surgery and/or cancer treatment. Clients meet with trained exercise physiologists for 8 one-on-one personal training sessions to address their specific physical goals and issues. Pink Ribbon is available to clients up to one year post-treatment.

## Vision of Hope Garden

A beautiful contemplative space with lovely landscaping, sculptures, benches and a ribbon shaped path paved with engraved bricks in memory of or in honor of someone who has battled breast cancer. The garden is located on the southeast corner of Babylon Town Hall in Lindenhurst. Bricks are available for engraving and installation at a cost of \$35 each.

## Volunteers

The success of the BBCC is made possible primarily through volunteers. They are the backbone of the Coalition. Volunteers are not paid for their work, not because it is worthless, but because it is priceless!

## Get Involved

If you are interested in volunteering, making a contribution or adding your name to our mailing list, please contact us: Babylon Breast Cancer Coalition [www.babylonbreastcancer.org](http://www.babylonbreastcancer.org), or (631) 893-4110.

