

BREAST HEALTH RESOURCE NUMBERS

Community & Grassroots Organizations:

- Babylon Breast Cancer Coalition.....(631) 893-4110
- Brentwood/Bay Shore Breast Cancer Coalition.....(631) 273-4074
- Glen Cove C.A.R.E.S.....(516) 759-0887
- Great Neck Breast Cancer Coalition.....(516) 825-1139
- Huntington Breast Cancer Action Coalition.....(631) 547-1518
- Islip Breast Cancer Coalition.....(631) 968-7424
- Long Beach Breast Cancer Coalition.....(516) 897-1344
- Manhasset Women's Coalition
Against Breast Cancer.....(516) 365-4054
- Mid-Nassau Lend A Helping Hand.....(631) 789-2068
- North Fork Breast Cancer Coalition.....(631) 574-4269
- North Shore Neighbors Breast Cancer Coalition.....(631) 255-2401
- South Fork Breast Health Coalition.....(631) 726-8606
- West Islip Breast Cancer Coalition.....(631) 666-2026
- Young Survivors Network.....(516) 353-4561

Hotlines & Information Services

- Adelphi NY State Breast Cancer
& Support Program.....(800) 877-8077
- American Cancer Society.....(800) ACS-2345
- Cancer Information Service.....(800) 4-CANCER
- Share (Ovarian Cancer Help).....(212) 719-0364
- Share en Español.....(212) 719-4454

Low-Coat/No-Cost Mammography

- Cancer Services Program of Eastern Suffolk.....(631) 548-6320
- Cancer Services Program of Western Suffolk.....(631) 376-3434
- Nassau Health Care Corporation –
Breast Health Partnership.....(516) 572-3330

Be well informed!

Taking charge of your breast health is the best defense.

Babylon Breast Cancer Coalition
100 Montauk Highway, Copiague, NY 11726
Phone: 631.893.4110 FAX: 631.539.8862
www.babylonbreastcancer.org



Where does your contribution go?

Take a look inside and see.

Our Mission



The Babylon Breast Cancer Coalition (BBCC) is a nonprofit volunteer organization dedicated to various breast cancer concerns. It was founded in 1993 to assist people in the community who have been diagnosed with breast cancer. The BBCC focuses on five essential goals:

Prevention

Support of the Precautionary Principle and Prevention is the Cure; encouragement and education about a healthy lifestyle.

Research

To promote legislation to increase funding for environmental research and provide funding for specific breast cancer projects.

Education

Providing up-to-date information through our quarterly newsletter and information packets. We offer adult and student environmental awareness programs designed to help participants reduce their exposure to toxic chemicals.

Services

To offer breast cancer patients a plethora of services paid for and facilitated by the Babylon Breast Cancer Coalition; LAHH, SOS and the Gift of Health & Inspiration



Support

To provide support and referral services to breast cancer patients and their families.






Founded

in 1993 by Babylon community activists concerned with the high incidence of breast cancer on Long Island, the Babylon Breast Cancer Coalition (BBCC) is a grass-roots organization providing an array of patient support services, education and advocacy programs.

-  Programs offered to breast cancer patients
-  Programs offered to gynecological cancer patients

Lend a Helping Hand (LAHH)





Since its inception in 1996, this unique patient service program provides much needed stress relief for breast cancer patients and their families confronting diagnosis and ensuing treatments, such as chemotherapy and radiation. In Spring 2007, the BBCC expanded the LAHH program to include Babylon Township women undergoing treatment for all types of reproductive cancers.

-  Services offered: house cleaning, transportation to/from medical appointments, financial assistance, child care, massage therapy, meal preparation and more.
-  Volunteers set up services and appointments and maintain regular contact to provide support and referrals.
-  To date, LAHH has provided over \$359,690.00 in services to more than 375 patients.

The BBCC works to encourage expansion and adoption of the program throughout the country and is working with other organizations to formulate a nationwide LAHH program.

Gift of Health & Inspiration

Designed to be a supportive companion to the newly diagnosed cancer patient. This program distributes a free tote bag filled with various items to assist patients heal emotionally and physically. Items include:

-  Books containing important referral and breast-cancer related information, notecards, a journal and pen
-  United Artist movie tickets, free coupons for facials or reflexology sessions
-  Personal hygiene and comfort items for post-surgical patients
-  To date, more than 3,000 bags have been provided, at a cost of \$129,930.00

SOS

In 2004, the BBCC introduced SOS, a program to help those who have lost a loved one to breast cancer. SOS offers services such as funeral expenses, child care, food preparation and housecleaning. To date, over \$40,083.00 has been provided to surviving family members.

Be Smart About Your Health

Created in 2007, *Be Smart About Your Health* is a program of various in-school workshops designed for students in kindergarten through 6 emphasizing the possible link between the environment and personal health. The workshops, through a combination of visual aids, games and experiments empower students to be more conscious about healthier practices and products. Presentations are available for large and small groups.

Patient Support

BBCC provides an advocate to accompany a patient to the breast surgeon, oncologist or mammography appointment, providing a second set of ears, support and insightful questions.

Funding Breast Cancer Research

The BBCC has donated to various breast cancer projects. Donations have been distributed to:

-  Columbia School of Medicine – Long Island Breast Cancer Study Project
-  Mt. Sinai School of Medicine – various breast cancer-related projects
-  Silent Spring Institute – environmental research involving water sampling and contaminants.
-  Cold Spring Harbor Laboratory – Dr. Michael Wigler’s genetic research
-  Tufts University – the breast cancer research of Dr. Ana Soto
-  To date, research donations have totaled over \$125,449.00

Fundraising

The BBCC raises money through contributions and the sponsoring of a variety of charity events such as the popular “Chefs for a Cause,” a food-tasting extravaganza and the annual fall golf outing. Other events have also benefited the BBCC, including the LI 2-Day Walk. The help and generosity of local restaurants, community merchants, elected officials and the wonderful residents of the Town of Babylon and beyond have also ensured the BBCC continues its important work.

Quarterly Newsletter

The BBCC publishes an informative newsletter since 1994, with current distribution to more than 3,000 homes within the community and beyond, spending \$109,480.00 since its first issue.

Pink Ribbon Physical Training Program

This exercise program is designed to help women regain flexibility, stamina and strength following surgery and/or cancer treatment. Clients meet with trained exercise physiologists for 8 one-on-one personal training sessions to address their specific physical goals and issues. Pink Ribbon is available to clients up to one year post-treatment.

Scholarships

The BBCC offers scholarships to Babylon Township high school seniors who have had a parent or legal guardian with a personal breast cancer history. Since 2004, \$47,000.00 worth of scholarship money has been awarded to eligible students wishing to further their education.

Volunteers

The success of the BBCC is made possible primarily through volunteers. They are the backbone of the Coalition. Volunteers are not paid for their work, not because it is worthless, but because it is priceless!

Get Involved

If you are interested in volunteering, making a contribution or adding your name to our mailing list, please contact us: Babylon Breast Cancer Coalition www.babylonbreastcancer.org, or (631) 893-4110.

